# Sailing Instructions



### RYA Olympic Classes Spring Series 2018

Weymouth and Portland National Sailing Academy

10<sup>th</sup> & 11<sup>th</sup> March 2018

www.rya.org.uk/racing-events

#### 1. Rules

Racing will be governed by the rules as defined in The Racing Rules of Sailing (RRS). Appendix T Arbitration does not apply.

#### 2. Entries

Boats shall be entered by completing the entry outlined in the Notice of Race and meeting entry requirements at registration.

#### 3. Notices to Competitors

Notices to Competitors will be posted on the Official Notice Board located on the Event Website at <a href="https://www.rya.org.uk/racing-events">www.rya.org.uk/racing-events</a>

#### 4. Changes in Sailing Instructions

Any changes to the Sailing Instructions will be posted no later than 90 minutes before the scheduled warning signal of the first race of that day, except that any change to the schedule of races on Sunday will be posted by 1900 on the day before it will take effect.

#### 5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed on the official flagpole located on the balcony outside Room 4.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' for those racing in Portland Harbour and with 'not less than 60 minutes' for those racing in Weymouth Bay. This changes RRS Race Signals.
- 5.3. Boats shall remain on shore until their class flag is displayed under flag D with a sound signal. When Flag D is displayed without class flags, all boats may launch. The warning signal will be made not less than 30 minutes after flag D is displayed.
- 5.4. When flag W is displayed racing will take place in Weymouth Bay. When flag W is not displayed racing will be in Portland Harbour.

#### 6. Schedule of Races

- 6.1. The warning signal for the first race of the day is scheduled at 1125 on Saturday 10<sup>th</sup> March for the RSX classes and and 1255 for the Nacra classes. On Sunday 11<sup>th</sup> March the warning signal for the first race of the day is scheduled at 1025 for the RSX classes and 1155 for the Nacra classes.
- 6.2. Up to 10 races are scheduled for all classes, with a maximum of 5 races per day, apart from the RS:X where there will be a maximum of 4 races per day.
- 6.3. No warning signal will be made after 1500 on Sunday.
- 6.4. Target time 15-20 minutes for all classes.

#### 7. Class Flags

7.1. The class flags for all classes will be the class insignia on a white background except that the class flag for the RS:X 9.5 will be the class insignia on a white background and the RS:X 8.5 will be the class insignia on a blue background. The class flag for the RS:X 9.5 and 8.5 combined will be the class insignia on a red background. The Nacra Classes will use the Nacra 17 insignia.

#### 8. Racing Areas

- 8.1. The racing area will be in Weymouth Bay or Portland Harbour.
- 8.2. Course Area Alpha will be RSX and Nacra.

#### 9. Courses and Signals

- 9.1. The diagrams in Attachment 1 show the courses including the course signals, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2. Course signals will be displayed on a board on the race committee signal vessel.

#### 10. Marks

10.1. The racing marks will be Black.



#### 11. The Start

11.1. The start sequence and signals will be as follows. This changes RRS 26:

6 mins before start	Orange flag displayed with one or more sound signals. It will remain displayed	
	throughout the start sequence, or until a lengthy postponement is expected.	
3 mins before start	Warning (Class flag) displayed with one sound signal. If Flag 'O' is required for	
	the class it will be displayed, without sound signal, no later than this time)	
2 mins before start	Preparatory (U, P, I or Black as appropriate) displayed with one sound signal	
1 min before start	Preparatory removed with one sound signal	
Start	Class flag removed with one sound signal. If there is a further start in the	
	sequence, the Class Flag for the next start, together with flag 'O' if required,	
	may be displayed either at this time, or after a short delay.	

- 11.2. The starting order for the first race of each day will be RSX and then Nacra.
- 11.3. In the event of Flag X (Individual Recall) being displayed, it will be displayed for 2 minutes, or until all OCS boats have returned and started correctly, whichever is the earlier. This changes RRS 29.1.
  - 11.3.1. The starting line will be between a staff or mast displaying an orange flag on the race committee signal vessel at the starboard end, and the port end starting mark that will be a either a dan buoy displaying an orange flag or an orange flag on a committee vessel. The Committee Vessel for Alpha Course will be Gyrinus, The Committee Vessel for Bravo Course will be a Protector.
- 11.4. Boats whose warning signal has not been made shall keep clear of the starting area.
- 11.5. A boat starting later than 2 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.
- 11.6. In the event of a general recall or postponement during a start sequence the order of starting will be maintained, and the classes will restart as indicated by the flag signals displayed. In the event of an AP or a General Recall the next Warning signal will be made one minute after the AP or General Recall is removed and the Orange flag will remain displayed.

#### 12. Change of Course after the Start

To change the next leg of the course the race committee may either move the original mark or lay a new mark of similar appearance and remove the original mark as soon as practicable. Course change signalling will only be made when the course change is more than 10 degrees or more than 200m distance. This changes RRS 33.

#### 13. The Finish

The finish line will be between staffs displaying orange flags. This will be between a staff or mast displaying an orange flag on the committee vessel and a dan buoy displaying an orange flag or an orange flag on a committee vessel.

#### 14. Penalty System

Appendix P will apply except that delete P2.2 and P2.3 and then add to P2.1 'For subsequent penalties P2.1 penalty applies.'

#### 15. Time Limit

- 15.1. The time limit will be 60 minutes for all classes.
- 15.2. Boats failing to finish within 10 minutes after the first boat, in their class, sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

#### 16. Protest

- 16.1. Protests shall be in writing and delivered to the race office within 30 minutes after the time of the last boat has finished the last race of the day for classes sailing. Protest forms are available from the race office.
- 16.2. Protests will be heard in approximately the order of receipt as soon as possible.
- 16.3. A notice will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. For protests by the race committee or protest committee, this is the notification required by rule 61.1(b).

#### 17. Scoring

17.1. The Low Point System as provided in RRS Appendix A will apply. Each boat's series score will be the total of her race scores, excluding her worst score if 4 or more races have been completed. 3 races shall be completed to constitute a series.

#### 18. Safety

18.1. A mandatory Tally system will be employed.



- 18.1.1. Competitors will be given a `Tally Number` at Registration. They should remove the elastic wrist bands bearing their Tally Number from the board prior to going afloat. The board will be located in Room 4. Tallies shall be worn on the wrist, one each for helm and crew. The Tally Band must be returned to its correct position upon its numbered peg immediately upon returning to shore.
- 18.1.2. Failure to Tally Out or In may result in a penalty:
  - (a) First Offence Donation of £10 to local RNLI
  - (b) Second Offence DSQ from that day's races.
- 18.2. RRS 40 shall apply at all times while afloat. Flag Y will not be displayed on shore. This changes RRS 40.

#### 19. Electronic Equipment

- 19.1. The organising authority reserves the right to fit electronic positioning, video, and communication equipment, and any associated mounting brackets to a boat or sailboard. The carrying of such equipment shall not be grounds for redress. Where a bracket and/or electronic equipment is required, it does not constitute "equipment in normal position" for the purposes of RRS Definition Clear Astern and Clear Ahead; Overlap.
- 19.2. The penalty for carrying electronic equipment approved by a class coach shall be zero points. If electronic equipment is to be carried, the Race Committee shall be notified prior to racing that day.

#### 20. Prizes

20.1. Prize giving for the event will take place as soon as possible after racing on Sunday 11<sup>th</sup> March.

#### 21. Risk Statement

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held at the venue;
- h) Each boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £3,000,000.

#### 22. Shipping Movements

22.1. The attention of all competitors, race management personnel and spectators afloat is drawn to the fact that Portland Harbour is a working port and that harbour regulations must be observed. Any directions given by Portland Harbour Authority either in person or by VHF (CH 74) must be complied with without delay. Failure to comply with this instruction may result in a penalty.

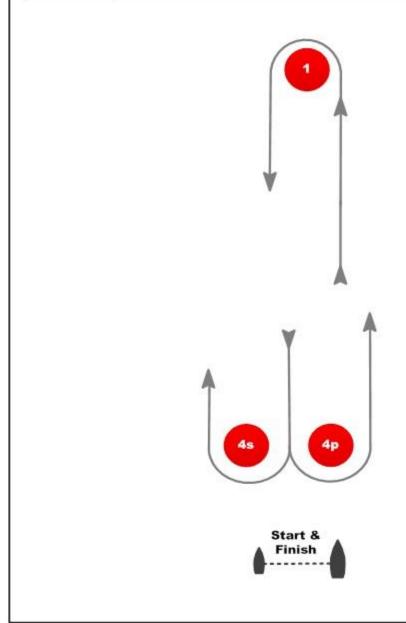
#### 23. Local Instructions

- 23.1. Boats shall not transit at any time through the RNSA moorings, which are to the left of the Marina exit as leaving the Marina.
- 23.2. Visiting competitors should report to WPNSA Reception on arrivial or call in advance (01305 866000) for access and berthing instructions.



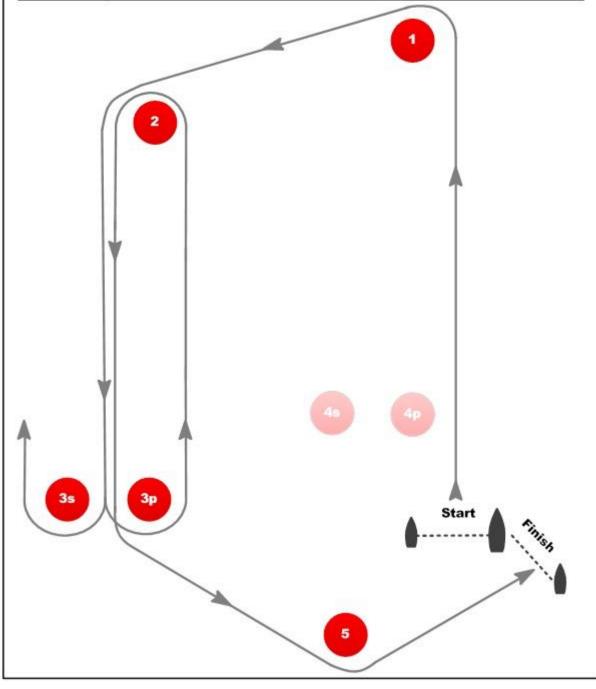
## Attachment 1 Course Diagrams

L	COURSE: WINDWARD / LEEWARD
Signal	Mark Rounding Order
L2	Start - 1 - 4s/4p - 1 - Finish
L3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish
L4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish



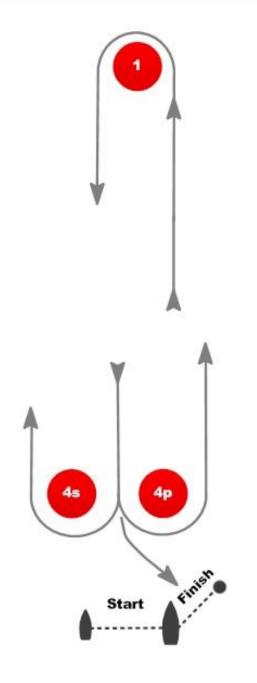


OX	COURSE: OUTER with reaching finish
Signal	Mark Rounding Order
OX2	Start - 1 - 2 - 3s/3p - 2 - 3p - 5 - Finish
ОХЗ	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - 5 - Finish
OX4	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p- 2 - 3p - 5 - Finish





LR	COURSE: WINDWARD / LEEWARD with reaching finish
Signal	Mark Rounding Order
LR2	Start - 1 - 4s/4p - 1 - 4p - Finish
LR3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish
LR4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish





IX	COURSE: INNER with reaching finish
Signal	Mark Rounding Order
IX2	Start - 1 - 4s/4p - 1 - 2 - 3p - 5 - Finish
IX3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - 5 - Finish
IX4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - 5 - Finish

